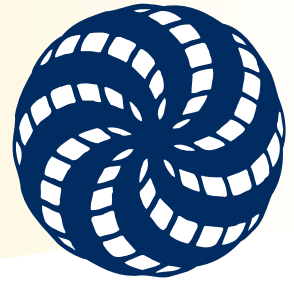


Happenings Throughout Our

SPECTRUM



A publication of Spectrum Human Services, Inc. and Affiliated Companies

Winter/Spring 2006

30th Anniversary 1976 – 2006

THANK YOU FOR 30 YEARS OF SUPPORT

This year we celebrate three decades of providing superior services to families and individuals with critical needs. Who could foresee that the planted seed of taking mentally and physically challenged children out of institutions and placed into homes throughout communities would grow 30 years later into a multi-faceted human service organization. I am proud to have been one of the original staff working out of Jim Minder's basement in Ann Arbor, Michigan, printing documents from an old mimeograph machine and charting a course through unmarked territory. Our work placed Spectrum on the cutting edge of service delivery to mentally challenged clients living outside of institutions.

Breaking the human services ground required volunteers and staff that were dedicated, creative, compassionate and unyielding. Spectrum is very fortunate to have a rich history of board members and staff that were committed to the mission of being able to provide a range of innovative and superior services. Spectrum's jewels are the volunteer board members and staff. Our reward comes through their gifts of devotion, pride, loyalty and steadfast commitment given to Spectrum daily.

In 1976, human service needs were great. There were many gaps in needed services for those individuals who could be served successfully in the communi-

ty. For that reason alone, Spectrum stepped outside of the box and addressed the needs of a severely underserved population. Spectrum's endeavors broke barriers and developed programs that empowered individuals to reach their highest potential.

Our first ten years realized many 'firsts' for Spectrum, including:

- Being the first to take profoundly mentally ill adolescents from an institution and move them into a residential home
- Being the first to have an in-home care program for delinquent youth
- Being the first to provide a team of professional social workers and therapists to offer support to foster care parents, staff provided individual therapy to assist parents as they learned to cope with severely emotionally disturbed (SED) children

Thirty years later the need for child welfare and mental health services is steadily growing. While Spectrum remains unwavering in our commitment to provide exceptional services, we have faced many financial challenges. Michigan has encountered deep cuts in programs for children and families. This decline in funds has caused a devastating impact on the state's vulnerable children and Spectrum's ability to maintain services. While our program budgets are limited, and with the unstable



Roger I. Swaninger, President & CEO

economic climate, Spectrum continues to develop and adapt programs to meet the needs of our changing environment.

During the next decade, we will:

- Continue to provide a spectrum of innovative, progressive services designed to address the changing needs of our community today, tomorrow and in the future
- Excel in quality service delivery and new programming opportunities
- Excel in training and development of staff and those we serve
- Excel in our delivery of child care services
- Excel in conducting and publishing research
- Excel in community outreach and development

We are committed to provide the best services to those with critical needs and will not be compromised as we persevere to elevate Spectrum and its services. ■



NEWS FROM YOUR BOARD!

A message from the Chairperson
of our Board of Trustees

changing environment. Spectrum's steady growth is a true reflection of the hard work of our committed board members and staff.

As we celebrate our 30th anniversary and reflect upon Spectrum's years of service, I am reminded of the volunteers that attended numerous board meetings. This enormous pool of talent laid the foundation for this organization to immerge as a leader of innovative programming. Over the last few years we have seen the passing of two treasured board members, Mr. Earl Greene and Mr. Leroy Fahle. Together, they contributed 25 years of expertise and dedicated service to Spectrum. I want to thank their families for the many hours they gave to furthering the mission of Spectrum, thereby, missing treasured time with their loved ones. I also have seen the addition of wonderful new board members who have brought talents and treasures to the board.

On behalf of the Board of Directors, this 30th anniversary celebration, I congratulate the staff of Spectrum Human Services, Spectrum Community Services and Spectrum Juvenile Justices Services for their support, dedication, and commitment to furthering our mission and goals. I also would like to thank our many donors who have contributed so generously in helping Spectrum improve the lives of so many children and adults in Michigan. I have repeatedly witnessed the giving of some of the most important gifts that can be bestowed on any human being—the feeling of self-worth and hope for a brighter future—gifts that the staff of Spectrum give every day!

We face exciting and challenging times ahead and I hope each of you remain our friend and supporter because with you, all things are possible! □

The SPECTRUM is published by Spectrum Human Services, Inc. & Affiliated Companies: Spectrum Community Services and Spectrum Juvenile Justice Services.

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Seven years ago I was introduced to an organization that shows compassion and dedication to a population that was ill served or deprived of programs and services. Services that are vital to their growth and survival as each strives to achieve their maximum independent living potential. I believe in Spectrum and respect the work and dedication of its staff and boards. It is my privilege to serve as the Board Chairperson and to help guide this organization as we strive to maintain our level of excellence.

As I look back over the last 30 years, I am amazed at Spectrum's growth and development. On Friday, February 13, 1976, Jim Minder and Susan Davis founded this organization on the belief that mentally challenged children can live successfully outside of an institution. Building upon the principle that "all members of the human community, are entitled to dignity and respect," Spectrum has evolved into a multi-faceted human service agency, offering a continuum of services for children, teens, families and disabled adults.

I am proud to be a part of Spectrum and to work with its outstanding President & CEO Roger Swaninger. Roger has led this organization through growth, obstacles and challenges, many successes and tough economic times. Through all of this, Spectrum has persevered to adapt, develop and modify programs to meet the challenges of our

MISSION STATEMENT

We believe all people, as valued members of the human community, are entitled to dignity and respect. We believe all people have the right to receive services that support them in achieving their highest potential.

Spectrum's commitment is to provide a range of innovative and superior quality services that demonstrate cultural competency in partnership with individuals and families. We believe these services will empower people to make choices in their lives to achieve their maximum capabilities.

Telling Our Story Through the Voices of Others



Shannon DeGregory had a wonderful childhood and remembers the excitement and joy of Christmas. This was a magical time for her. She recalls her love for the season, especially her hopes and dreams of Santa bringing her favorite toy – a Barbie doll. Her childhood was full of all of the pleasures children should experience as a part of growing up.

As Shannon grew older, she realized that many children did not experience Christmas as she did and that the magic she felt never came to their homes. This saddened Shannon. She wanted to recreate the magic and somehow help children enjoy Christmas as she did.

Shannon discovered Spectrum and our Holiday Drive. Shannon learned that the Holiday Drive provided toys to children that were waiting to be adopted, in foster care or mentally and physically challenged. She learned that children in Spectrum's care have been exposed to

many hardships and did not have warm Christmas memories. She also learned that the Holiday Drive had no financial support other than through the kindness of others.

So Shannon decided the Holiday Drive would be her vehicle to share the holiday spirit. Interestingly, each year Shannon received a list of girls that wanted only Barbie dolls. This rekindled fond memories of her love for Barbie dolls and she became Santa's helper with a true mission of love. Shannon started eleven months ahead of time purchasing Barbie dolls. Each month, while shopping at Meijer, She would make her way to the Barbie dolls isle and make purchases that as a child she would have loved. By December, Shannon would have a collection of Barbie dolls and accessories that would make any girl's heart jump for joy.

Fifteen years later, Shannon still sees her involvement with the Holiday Drive as a labor of love. Her dedication and com-

passion to bring the magic of Christmas to children within Spectrum's program is radiant. Because of Shannon, numerous girls have experienced a wonderful holiday and Spectrum is full of pride as we tell our story through Shannon's voice.

Shannon DeGregory works for MSX International as a supplier to Ford Motor Company. ■

Spectrum Community Services Success Story



Carol* is a 61-year-old woman diagnosed with Bi-Polar disorder and a number of medical challenges. She has a history of frequent inpatient hospitalizations and has lived in and out of dependent, as well as independent placements for years. Carol was referred to one of Spectrum's residential treatment centers by the local mental health agency. At the time of her admission into our program, Carol had just been discharged from the

psychiatric inpatient unit; she had stopped taking her medication; her personal hygiene had declined, and she had allowed the living conditions of her apartment to deteriorate.

During her seven-month stay with Spectrum, staff worked closely with Carol to re-establish her personal hygiene skills, housekeeping skills and to reinforce the importance of medication compliance. Spectrum helped Carol to regain the understanding of the need to use these skills so that she could attain what she most wanted...her independence. Once she stabilized mentally, Carol became highly motivated to regain her independence.

Carol is a very engaging person. Her personality and appreciation of staff's dedication and motivation to help her succeed were the ingredients from which a close and sincere bond grew. She made tremendous progress and was recently discharged and is once again living independently.

The bond between Carol and the staff continues to this day. We have become part of her circle of friends and continue to visit her to provide encouragement and natural support. She calls us frequently to talk about how things are going. We will continue to provide these natural supports to her. We are extremely proud of her accomplishments and take pride in knowing that we had a role in her achievements. ■

* a pseudonym has been used

A Heartfelt Thanks to These Special Donors!

We appreciate the commitment and generosity of the individuals, businesses and organizations that donate funds and goods to support Spectrum's programs and the countless individuals we serve. The following contributed generously to Spectrum Human Services, Inc. & Affiliated Companies during the years of 2005 and 2006:

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Stone, Craig R.
Stoner, Donna I.
Stremick, Mrs. Norma
Stucke, Rita
Sullivan, Thomas
Sutton, Bob
Swanigan, Kathy
Swaninger, Josh & Kendra
Swaninger, Roger & Jan
Szewcyk, Barbara
Tanis, Joyce
Tanui, Soloman
Taormina, Judee
Taylor, Denise Lorraine
Taylor, Gloria
Taylor, Lori
Templeton, Elaine
Tenorio, Al
Tenorio, Jennifer
Tenorio-Thomas, Yolanda
Thibodeau, Bret
Thomas, Darlene
Thomas, Jeffrey
Thompson, Evelyn
Thompson, Lajuan
Tibbs, Susan
Tillander, Brett
Toquigne, Kathleen
Torielli, Gina
Torrens, Angie
Toy, Senator Laura M.
Treppa, Thomas
Tropman, John
Trotter, Willie
Truesdell, Cory
Tuck, Marsha Lynn
Tuitel, Annette
Tullio, Katie
Turfe, Jerry
Turner, Carol A.
Ulmer, Jessica
Valade, Ann
Valasco, Susan
Valenti, John
Valenti, Ronald
Vanderveen, John H.
VanGoethem, Linda
VanHollebeke, Mike
Vannelli, Martha
Vannelli, Steve
VanVoorhies, Charlene A.
Varner, Linda
Vaughn, Eric
Venettis-Penz, Mary
Venuto, Wendy
Vieceli, Mickey
Vincent, James
Vincenti, Kevin
Viraj, Dave
Vogel, Carol
Vujnov, Matthew
Wagener, Dennis
Walker, Kathy
Walker, Rhonda
Wallace, Alfreda
Wallace, Brenda
Walt, Gloria
Walton, Debra C.
Ward, Paul
Warren, Harry
Washington, Angela
Washington, Cherice
Washington, Dave
Watson, Al & Barb
Watson, Erin
Watson, Kathleen
Weinman, R.H. & Sharon
Weinstein, Gary
Weiss, Arthur

Welch, Dan
Wenzel, Roger
West, Annette
Wettlaugher, Lori
Whipple, John
Whitcomb, Eva L.
White, Michael
White, Ruth
Whitehead, Bert
White-Schellenberger, Shannon
Whiteside, Theresa
White-Simmon, Cynthia
Whiting, Martha
Whitlow, Melvin & Rosemary
Wicker, Clarita K.
Wickett, Kathy
Wilde, Peter C.
Wilkinson, Carla
Williams, Gail R.
Williams, Latamaya
Williams, Michael
Williams, Regina
Williams, Rick
Williamson, Jim
Williamson, Shannon
Williamson, Sharon
Williamson, Starlet
Wilson, Brad
Wilson, Debra
Wilson, Gail
Wolf, Allen R.
Wolf, Winn G.
Wolfe, Dennis
Wollack, Robert
Woods, Jacci
Woods, Mardi
Worth, Scott
Wright, Mr. Paul
Wright, Edward
Wroblewski, Colleen
Wzacny, Chris
Yagiela, Dale
Yamoah, Sharon
Yaylaian, Mr. & Mrs. Michael
Yeager, Edward
Yonkman, Mark
Young, James
Young, John
Young, Mary
Young, Stacy
Yunker, Robert
Zamler, Gene
Zanonie, Jan
Zielke, Anne
The Zinyk Family

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Accident Fund Insurance Company of America
Actiondata, Inc.
AFLAC
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Allied Health Management Associates
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A-Mac Construction Services
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Arrow Office Supply Co.
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BenefitSource, Inc.
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Black Family Development, Inc.

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Boulder Pointe Golf Club
Bowne & Company
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Cabling Concepts
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Carter Graphics Associates
CBS/UPN Detroit
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Ceridian Corporation
Charles Schwab
ChildNet
Citizen Banking Corporation
Clayton Group Service
Clean Janitorial Supply, Inc.
Comfort Prosthetics
Completion House
Cox, Hodgman & Giamarco, P.C.
Credit Union One
CVS/Pharmacy
Dalton Environmental
Daly Merritt Insurance
Detroit Behavioral Institute
Detroit Institute of Arts
Detroit Lions
Detroit Opera House
Detroit Symphony Orchestra
Detroit Tigers
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Evans Solutions, Inc.
Exclusive Realty, L.L.C.
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Financial One
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Ford Motor Company
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Foremost Insurance Company
Frito Lay
Fry-Morley Group, LLC
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Jewels by Jacqui
JNB Electric
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Johnson Building Company
Johnson's Energy Smart
Jones, Karen & Vieceli, Mickey
Karoub Associates
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Kemp, Klein, Umphrey, Endelman & May Foundation
Keys Construction Company
Kluczynski, Girtz, Zamler & McCubbrey, P.C.
Kosiba Plumbing & Heating
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Laser Eye Center
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MI Friends of Education
Michigan Assisted Living Association
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Michigan Friends of Education
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Stanley Heating
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Spectrum Receives Funding for Four Programs:

☐ **Prevention Action Service System (PASS), ☐ Wraparound for Wayne County, ☐ Proud Fathers – Proud Parents for Wayne and Oakland Counties and ☐ Families First Program in Berrien County**

Prevention Action Service System (PASS)

Spectrum's newest program, Prevention Action Service System, is designed to assist in the reduction of youth crime and substance abuse by providing prevention activities and services to Wayne County youth ages 7 to 17. Participants of this program will receive opportunities and services that will enhance their quality of life, build confidence/self-esteem, improve academic performance and provide life experiences that will prevent involvement with the juvenile justice system.

The program was offered by a competitive bid process on behalf of the Wayne County Department of Children and Family Services (CAFS) and will enhance the delivery of Spectrum's current Your Choice program.

There are two aspects of this program: **Education and Skill Development**, which will be offered through Spectrum's Independent Living Programs and includes skill-building techniques, social skills development and anger management/conflict resolution workshops; and **Substance Abuse Education and Prevention** including; chemical dependency assessment and referral; family counseling; community-resource referrals; parent support/education groups, and social skills group.

Wraparound – Wayne County

Spectrum was awarded a three-year contract to provide Wraparound Services to clients living in Detroit – Westside and Highland Park. Wraparound is a program that works with children and families to best meet their needs via independent and specifically tailored services on behalf of each family member. Wraparound promotes community-based options for families with complex needs by linking families' needs to local community services and by helping family members to become self-sufficient and integrated into their communities. The key concept is for the local community to 'wrap' its collective services 'around' a family in need.

Families are served by community teams, which work to strategize on the strengths of the family and what they need to

achieve permanency. The program operates out of our offices located in the Advance Building in Southfield, Michigan.

Proud Fathers – Proud Parents (Wayne and Oakland)

Proud Fathers-Proud Parents program is designed to strengthen families and to improve outcomes for children. Wayne and Oakland county each awarded Spectrum a three-year contract to strengthen family relationships and to improve co-parenting skills among couples in Wayne and Oakland counties. The program utilizes a 14-week curriculum to teach classes both for fathers raising children alone and two-parent families.

Families First Program in Berrien County

Spectrum Human Services received a three-year contract in late 2005 to operate the Families First program in Berrien County, Michigan. Families First offers families intensive, short-term crisis intervention and family coordinated services in their homes for four to six weeks. Services are provided to families where at least one child is in danger of being legally removed from the home or a child is in placement and intensive intervention services are needed to solidify and reunite the family. The goal of Families First is to keep the family unit together. Trained Families First counselors meet with individual families at a convenient time in their homes for 10 to 15 hours a week and offer services that will reinforce and unify the family structure.

Spectrum Community Services' Southwestern Region had been operating in Berrien County since 1992. With Spectrum Human Services now providing services in Berrien County, it was decided to combine offices so as to achieve the most efficient use of resources. Now both offices are located together in the Mercy Center Building in Benton Harbor. ■

MAKE PLANS TO JOIN SPECTRUM!

14th Annual Golf Classic

Friday – June 9, 2006

Boulder Point Golf Club in Oxford, Michigan

All Golfers are welcome

Sponsorship opportunities are available



2006 CELEBRATION OF STARS ANNUAL GALA

When: Friday, October 27, 2006
Henry Ford Museum



For additional information please contact Carla Giles, Vice President of Fund Development at 734-458-8736, ext. 6802.

Home Based Services and Your Choice Program Annual Youth Forum Is a Valuable Asset to the Community

Staff with Home Based Services saw the need to develop a platform whereas at-risk youth could receive pertinent information that related to issues and concerns relevant to their situation. So, in 1985 the first Youth Forum presented an opportunity for youth to openly talk without being judged or criticized. Youth were involved in the planning process as decisions were made to select speakers, issues and discussion topics. A key ingredient was the conscious effort to select speakers that would relate to youth, either because of being in similar situations or because they had been able to successfully improve their lives after having been trapped in uncertainty and despair. Your Choice program and Home Based Services joined forces in 1997 to expand and strengthen the forum's format and delivery.

Fifteen years later, the Youth Forum has grown to be a valuable asset to the community and to those we serve. On August 10, 2005, over 300 youth from several Spectrum programs and the City of Detroit Youth Development Institute attended the 2005 Youth Forum at Crowell Recreation Center located in Detroit, Michigan. The theme, "If it is to Be, it is up to Me; Right Here! Right Now!" presented a powerful challenge for youth to overcome obstacles if they were

willing to make the effort. Four compelling speakers delivered messages of their involvement with the legal system, the realities of life in prison and how they overcame those obstacles to become successful individuals.

A talent contest showcasing youth's talents in the areas of music, poetry and art was also a part of the day's agenda. The forum ended on a very high note - the Home Based Services and Your Choice program were presented with the Spirit of Detroit Award. This award from the Detroit City Council honored Spectrum for its outstanding commitment to work with youth and families and was presented through the office of the Hon. JoAnn Watson, City of Detroit Council member.

Spectrum's work for those most in need is never done! We are proud of our staff and the work done daily. The Youth Forum is another example of demonstrated dedication and commitment. ■



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HUMAN SERVICES, INC.

Affiliated Companies:
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